



I have seen a vast improvement in my children's emotional wellbeing. I attribute this change to [the MFLC] and her support group.

It has been the key factor in getting my children through this terribly sad and emotional time in their lives.

Neither I nor my husband could even begin to thank her enough for what she has done for [my children]. My husband is due home in about two weeks, and we all are thankful for that day to come. When he does return, he will come to group to personally thank [the MFLC], along with pictures of happy children welcoming home their Daddy, a United States Marine.

With utmost respect, a Military Spouse



Available to all military branches

CHILD & YOUTH BEHAVIORAL PROGRAM

*Supporting Military Children & Youth
and Those Supporting Them*



WHAT IS THE CHILD & YOUTH BEHAVIORAL PROGRAM?

The Child & Youth Behavioral (CYB) Program is a component of the Military & Family Life Consultant (MFLC) Program.

CYB-MFLCs are:

- » Masters and Ph.D. level MFLCs specializing in child and youth behavioral issues
- » Available at no cost to assist children and youth, parents, family members and staff
- » Available to provide short-term, non-medical problem-solving support
- » Dedicated to augmenting existing military support services

Services are private with the exception of duty-to-warn situations.

HOW CYB-MFLCs MAKE A DIFFERENCE

CYB-MFLCs provide broad-ranging support to military children and youth, and to the family members and other adults who support them. For example, they:

- » Engage in activities with children/youth
- » Provide direct intervention in classroom, camp or family childcare situations, including assisting staff in setting and managing boundaries
- » Model behavioral techniques and provide feedback to staff
- » Are available to staff to discuss interactions with children and other concerns
- » Outreach to parents
- » Facilitate psycho-educational groups at child and youth program sites
- » Conduct parent and staff training sessions



ISSUES ADDRESSED BY CYB-MFLCs

Group sessions, educational presentations and individual meetings can be arranged. Topics include:

- » School adjustment
- » Deployment and separation
- » Reunion adjustment
- » Sibling and parent-child communication
- » Behavioral concerns
- » Fear, grief and loss
- » Daily life issues

After-hours and weekend appointments are available.



Contact your local CYB-MFLC through
your Child & Youth Services or
Family Member Program.

